

NEWSLETTER



GROUP PHOTOS OF OUR PA TEAMS

TRIUMPH IN BAKERSFIELD

PA Teams Shine with Gold and Glory!

Congratulations to our PA Novice & Prep Teams for their stellar performance at the GSSA Bakersfield competition on January 13th! Achieving a First Place Champion Title, two Second Place Titles, and a coveted US Finals Golden Ticket Bid, our Tiny, Minis, and Youth teams showcased incredible skill and teamwork. Kudos to our athletes, coaches, and the dedicated support system for laying the groundwork for a fantastic season ahead!

As we bask in the glow of this triumph, a special thank you to our coaches, parents, and families for their unwavering support. Your commitment to fostering talent and building team spirit has set the stage for our PA teams' continued success. Onward and upward, Team PA!



CELEBRATING SUCCESS

NGA Teams' Remarkable Debut Meet

Our NGA Team recently participated in a competition, and the results surpassed our expectations! Here are some highlights: Riley Moran (Bronze), Jordynn Smith (Gold), and Sydney Johnson (Silver) secured top 30 scores overall. The Bronze team achieved remarkable success by bringing home a 2nd Place Team banner. Individual top scorers include Riley Moran, who clinched 1st All-Around (1st on Bars/Beam, 3rd on Vault), Mia Suphalak, securing 2nd All-Around (1st on floor, 2nd Beam/Vault, 3rd on Bars), Amarrah Henderson, ranking 3rd All-Around (2nd on Vault), Gywen Suphalak (2nd on Bars & 3rd on Floor), Savanna Dhaliwal (3rd on Beam), Valerie Vidales (3rd on Floor), Amelia Reyna (2nd on Floor). In the Silver category, Sydney Johnson claimed 1st All-Around (1st on Beam/Floor, 2nd on Bars), while Savanna Starling secured 3rd All-Around (2nd on Floor & 3rd on Beam/Vault). Jordynn Smith dominated the Gold category with a 1st All-Around (1st Beam/Floor & 1T on Vault), Audrina Diaz achieved 2nd All-Around (1st on Vault & 3rd on Beam), and Vivian Lawson secured 3rd All-Around (1st on Beam). It was an outstanding 'first meet' for everyone, and we're incredibly proud! We look forward to the rest of the season, with the next challenge at the Ohana Surf Classic in Watsonville during the first weekend of February. Go Team NGA! Stay tuned for more thrilling updates as our talented gymnasts continue to shine in upcoming competitions.



SYDNEY WEAKLEY SCHOLARSHIP RECIPIENTS - 2024

Celebrating Dedication and Achievement

We are delighted to announce Sydney Johnson and JoeAna McDaniel as the well-deserved recipients of the 2024 Sydney Weakley Scholarship. This scholarship is created in memory of our former employee and dedicated gymnast, Sydney Weakley, and reflects our unwavering commitment to nurturing the talents of aspiring gymnasts and cheerleaders alike. Sydney and JoeAna, both exemplifying dedication and a pursuit of excellence in their respective fields, have each been awarded \$250 as a token of recognition for their outstanding contributions. Our sincere congratulations go out to these remarkable individuals, and we deeply appreciate their active involvement in the community. It is a profound honor for us to play a role in supporting and contributing to their ongoing journeys in gymnastics and cheerleading. In a gesture of gratitude, we will showcase a special picture capturing the spirit of community, featuring Sydney's mom, her sister, and the families of our scholarship recipients. This serves as a testament to the supportive and tight-knit atmosphere that defines our Gymnastics Beat family.



FEATURED CLASSES

Camps and Calisthenics Class

Don't miss our Lincoln's Day Camp on Monday, February 12th, and the President's Day Camp on Monday, February 19th, featuring arts and crafts, gymnastics, and obstacle courses. Exciting news for our adult members—try our new Calisthenics Class, open to ages 16 and up, focusing on functional movements, strength, and flexibility. Whether you're into Calisthenics or our regular Adult Class, get ready for a month of fitness, fun, and community!



A PALETTE OF PASSION

Kelley Lesley's Artistic Evolution

Kelley Lesley, the talented mother of our Calisthenics Class Director, Alex, is a seasoned painter with an impressive journey in the art world. Kelley's artistic endeavors began after the birth of her daughter. Initially working for Paul Wheeler, she started with a humble hourly wage of \$6. Despite facing challenges with a lack of salary increase, Kelley's determination led her to establish her own business. Over the last 25 years, she has successfully maintained a busy schedule, relying solely on word-of-mouth referrals.

Kelley's artistic repertoire expanded when she ventured into faux finishing, inspired by an encounter with an interior designer during her initial years. Specializing in various painting styles, Kelley works on both old and new construction projects, excelling in interior and exterior designs. Her expertise ranges from marbleizing columns and fireplaces to creating suede and red leather walls, and even crafting stunning clouds.

While Kelley holds a two-year degree in mechanical engineering, her passion for painting took precedence over pursuing a bachelor's degree. Kelley's remarkable artistic journey has led her to explore acrylic pours, creating unique pieces that can be transformed into tables, side tables, countertops, and more. Additionally, she remains actively engaged in her craft, showcasing her creativity and dedication to the art of painting. Recently, she contributed her artistic flair to our gym by painting a captivating mural—a testament to her multifaceted talents and passion for creating beautiful spaces.

Kelley Lesley
Interior / Exterior Painting
Faux Finishing
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