



November Newsletter



FROSTY FUN AT GYM BEAT

Winter Camp and Special Offers


Embark on a winter wonderland adventure with Gymnastics Beat's Winter Camp, a festive celebration running from December 18th to January 5th! Tailored for ages 3 to 13, our camp offers a delightful mix of gymnastics, furry friend animal day, ice cream parties, and a variety of fun games and creative arts and crafts.

Whether opting for a half-day or full-day experience, your child is in for a magical treat this holiday season. The Winter Camp is designed to create lasting memories filled with joy and laughter, ensuring an experience your child will cherish.


As a special holiday bonus, we're excited to introduce a limited-time promotion—when you buy 4 camp days, you'll get one day free! This fantastic deal lets you maximize the holiday joy and flexibility for your child's participation in our Winter Camp. Don't miss out on this opportunity; gift your child an unforgettable winter break!

Please also stay tuned for another December event: Movie Night! More details coming soon to add an extra dash of holiday magic!

GYM CLOSURE



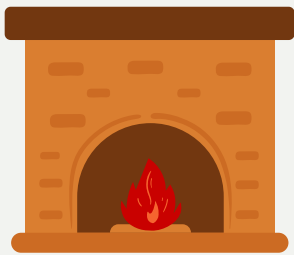
In celebration of Thanksgiving, gym will be closed from Thu to Sat, November 23rd to 25th.



Please note that our gym will be closed from 12/23 to 12/26 and on 1/1 in celebration of Christmas. We wish you and your family a warm and joyful holiday season! As we embrace the festive spirit, we look forward to welcoming your child to our Winter Camp. To secure a spot and discover more about camp, please don't hesitate to reach out to us directly or inquire at the front desk. Let's make this holiday season extraordinary!



Photo of Ricky Olivera



SAM'S SPOT

Stories from the Community

To our amazing Gym Beat parents, your stories of achievements resonate with us all. A special shoutout to Ricky Olivera, a dedicated Gym Beat dad, whose recent 1st place win at the Spartan Competition showcases the incredible potential within our parent and grandparent community. Ricky's achievement stands as a testament to what we can accomplish when we put our bodies and minds to the grind. Congrats to Ricky and his proud family! For more on Ricky's inspiring journey, check out the back of the newsletter. You rock!

On a personal note, I'm thrilled to share that I've received my third set of scans from my oncologist, with no sign of cancer re-occurrence. Thank you all for your continued support and well wishes!

Happy Thanksgiving

PYRAMID ATHLETICS SHOWCASE

A Day of Triumph and Cheers

A heartfelt thank you to everyone who joined us this past Sunday for our PA Showcase! It was a dazzling display of talent and achievement as our team kids showcased their incredible skills. The event was a resounding success, and we extend our deepest gratitude to all those who played a part in making it happen. Special thanks to our dedicated coaches, hardworking athletes, and the supportive families who helped create an unforgettable experience. We appreciate everyone who attended, contributing to a fantastic day filled with cheer, community, and celebration of our incredible young athletes.





BULLDOGS

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STAFF OF
THE MONTH
Aime

DRESS CODE UPDATE

Ensuring Safety in Classes

We'd like to inform you about an upcoming dress code policy starting in January, aimed at enhancing safety and well-being in our classes. While we've sent emails and updated our website with the initial details, further notices will follow, providing comprehensive information for each class. Your understanding and support in ensuring a safe and enjoyable environment for all are highly appreciated. Thank you for entrusting us with your child's well-being.

Meet Aime, our outstanding Staff of the Month! A Fresno State cheerleader with unparalleled dedication, Aime has been a cherished part of our team for two years. In addition to coaching tumbling classes for cheer, she leads our Mini and Tiny cheer competition teams with infectious passion. Currently in her senior year at Fresno State, Aime's commitment to both her education and nurturing the younger ones shines through. If you happen to attend Fresno State games, be sure to say hi to Aime and witness her unwavering enthusiasm for both cheerleading and the little ones she coaches. Cheers to Aime, the heart and spirit of our team!



Scholarship



The Sydney Weakley Scholarship is open for aspiring gymnasts! Established in memory of Sydney, our former employee and passionate gymnast, this \$500 scholarship is a chance to honor her legacy. Apply now by submitting the form and required materials —your application is more than just a form; it's a chance to contribute to Gymnastics Beat and carry Sydney's legacy forward. Contact our front desk for forms or inquiries. Don't miss this incredible opportunity to share your story and be inspired by Sydney's legacy on your gymnastic journey! Scan the QR code for quick access to the application form.



SCAN ME



Special Article

RICKY'S SPARTAN JOURNEY

Defying Age, Conquering Obstacles

Meet Ricky Olivera, one of our esteemed Gym Beat and PA dads, whose incredible fitness journey has set a remarkable example for us all. Ricky recently clinched 1st place in his division at the Spartan Competition, defying age stereotypes and showcasing the boundless potential within our community. As a dedicated Spartan racer, Ricky's commitment to fitness and the Spartan lifestyle is both inspiring and impressive.

Ricky proves that age is just a number in his fifties, participating in the challenging Spartan races, including the Spartan Sprint, Spartan Super, and Spartan Beast. The obstacles range from fire jumps, barbed wire crawls, and wall climbs to spear throws, rope climbs, and tire flips.



Ricky's victory not only celebrates his personal achievement but also highlights the resilience and determination of parents and grandparents dedicated to a healthy lifestyle.

Join us in congratulating Ricky and his proud family as they celebrate this extraordinary victory. Ricky's journey embodies the spirit of triumph at every turn, motivating us all to embrace challenges and pursue our fitness goals. Cheers to Ricky and his ongoing commitment to health and achievement!

