

NEWSLETTER

GymnasticsBeat.com

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Cheersport Victory: PA Novice & Prep Teams Triumph in Davis!

Our PA Novice & Prep Teams recently showcased their talent and determination at the Cheersport NorCal Classic in Davis! Among the highlights of the weekend, our teams secured an impressive array of awards, including two coveted First Place Champion Titles, a well-deserved Second Place Title, and the prestigious Best Choreography Award. It was a testament to the hard work, dedication, and skill of our athletes, coaches, and support staff. We couldn't be prouder of their achievements, and we look forward to more success in the future as they continue to shine on the competition floor.

Highlight

- Cheersport Victory: PA Novice & Prep Teams Triumph in Davis!
- Sam's Corner
- Triumph at Spirit of The Flame Meet
- Baking Joy: The Story of DiCookieMan
- Create your dream birthday party at Gymnastics Beat!



Sam's Corner

Happy spring everyone!

You can feel it with warmer weather, less rain, and longer days! In this issue, you will read up on one of our customers named Donald, who along with his wife Gabriela, owns 'DiCookieMan', a new inspiring confectionary business!

Donald dropped by the other day, giving out a box of delicious cookies to our front office and coaches, and in just a few hours, all the cookies disappeared! How did that happen? He wanted to thank our staff for their professionalism and fun attitudes!

So, we decided to call and thank him for the delicious gift, but seeing how he had just started his business, we wanted to write another aspiring story about one of our clients, just trying to get the word out! Thanks Donald and Gabriela! You make the world a lot sweeter!

All clients of GymBeat who own a business, find out how to get your story in our newsletter! Contact karenw@gymnasticsbeat.com or just drop by my office and say hi!

Triumph at Spirit of The Flame Meet

The Spirit of the Flame Meet on March 8th was a memorable event for our NGA girls, with Samantha's valuable assistance and support enhancing the experience. Gywen Suphalak's outstanding performance secured 1st All-Around in her age group, earning our coach a Starbucks gift card. Both the bronze and gold teams achieved 2nd place trophies, reflecting their dedication and improvement. Despite challenges, the girls showed resilience and progress. Photos from the meet are displayed above this article, capturing the spirit of their achievements!

Baking Joy: The Story of DiCookieMan

Introducing DiCookieMan, a veteran-owned, Black-owned, and family-run business that has been delighting taste buds since its inception in 2024. Born out of a passion for baking and a desire to share joy with others, DiCookieMan's journey began as a humble endeavor to reconnect with family traditions and community values. Drawing inspiration from childhood memories of rushing to the kitchen to cook for loved ones, the founder found solace and fulfillment in the art of baking, using it as a means to express gratitude and affection. As the founder navigated through various entrepreneurial ventures, it was the overwhelming response to his homemade cookies that sparked the realization of his true calling. Recognizing his innate talent for crafting delectable treats and the universal appeal of a warm, freshly baked cookie, DiCookieMan emerged as a labor of love and a testament to the power of shared experiences. Each batch of cookies is meticulously crafted with the finest ingredients, infused with love, and a touch of magic, reflecting DiCookieMan's unwavering commitment to quality and flavor. However, DiCookieMan is more than just a bakery—it's a beacon of community spirit and generosity. Beyond satisfying sweet cravings, DiCookieMan endeavors to give back to the community, whether it's through hand-delivering cookies to neighbors or honoring local heroes with sweet surprises. With a mission to spread joy and foster connections, DiCookieMan invites you to join its extended family and embark on a flavorful journey that celebrates tradition, love, and togetherness—one cookie at a time.



-Meet Donald and Gabriela, the dynamic duo share a sweet moment at the bakery.

-Pictures of bakery's delightful cookies.

Scan to learn more!



Create your dream birthday party at Gymnastics Beat!

Parties at GymBeat parties are so much fun; 2 hours of gymnastics and parkour, games and activities, awesome coaches, and cool tricks. Our expert team of party coaches work hard to bring the fun to your special day, but why not spice it up a little outside the gym floor?

Recently, Bella Rubio transformed the lobby and party rooms into her perfect Lilo and Stitch-themed paradise. There were balloons and decorations galore, food trucks, and even reptiles and furry creatures for all her friends and family to enjoy.

With our large parking lot, great for outdoor activities and food, and our amazing facility filled with all kinds of fun equipment to safely explore and show off on, you can have the best birthday party a kid can dream of! We just love hosting acts from near and far: one notable party brought a whole dog show, and another brought acrobats.

Whatever your ideal party looks like, a small chill workout with a few family members, or an all-out funfest, Gymnastics Beat is the place for fun!

Photos



Themed Birthday Party