

Newsletter

Florida Victories: PA Celebrates Major Wins



Pyramid Athletics recently achieved outstanding results at competitions in Florida, bringing home several impressive accolades. Our Senior Level 4 team, Cleopatra, claimed the championship title at the 2024 D2 Summit, outshining 62 teams with their remarkable performance and dedication. The JR. PHARAOHS earned the silver championship at the 2024 D2 Summit, finishing 2nd out of 65 teams, showcasing their exceptional skill and teamwork. Additionally, the Senior Lady Lux team secured a commendable 6th place out of 41 teams, while the Senior Level 5 Ra team finished 9th out of 39 teams, demonstrating their hard work and perseverance.

These achievements reflect the dedication and passion of our athletes, coaches, and support staff. We are incredibly proud of all our teams and their accomplishments, and we look forward to continuing to strive for excellence and aiming for even greater heights in future competitions.

Go Pyramid Athletics!



Countdown to Summer Camp: Secure Your Spot for the Ultimate Fun!

Join us for an unforgettable summer camp experience as we gear up for the most exciting time of the year! With summer just around the corner and only a month to go, it's time to secure your spot and get ready for a summer filled with fun activities and new adventures.

- **Dates:** From June 10th to August 16th
- **Options:** We offer both half-day and full-day options
- **Activities:** Gymnastics, obstacle courses, exciting games, arts & crafts, and more!
- **Promotions:** Take advantage of our fantastic deals: **Buy 4 days and get 1 free for a full-day camp.** Inquire about our discounted whole summer package

Don't miss out on the summer fun - spaces are filling up fast, so reserve your spot now! See you at camp!

To sign up, simply scan the QR code below or visit our website for more information.



Scan Me & Join Now



Exciting News: Join Us for New Saturday Night Open Gym

We've opened up another Open Gym at Gymnastics Beat, this time on Saturday nights! **Starting June 15th**, join us every Saturday from **7 to 9 PM** for our new Saturday Night Open Gym sessions, alongside our existing sessions on Mondays and Wednesdays. It'll be the perfect way to kick off your weekend!

Pricing:

- Ages 5 and under: **\$5** (must be with a parent)
- Ages 6 and over (active members): **\$10**
- Ages 6 and over (non-active members): **\$15**

Join us for Saturday Night Open Gym to make the most of your summer evenings!

Share Your Gym Beat Memories and Earn \$50!

Sam's Corner

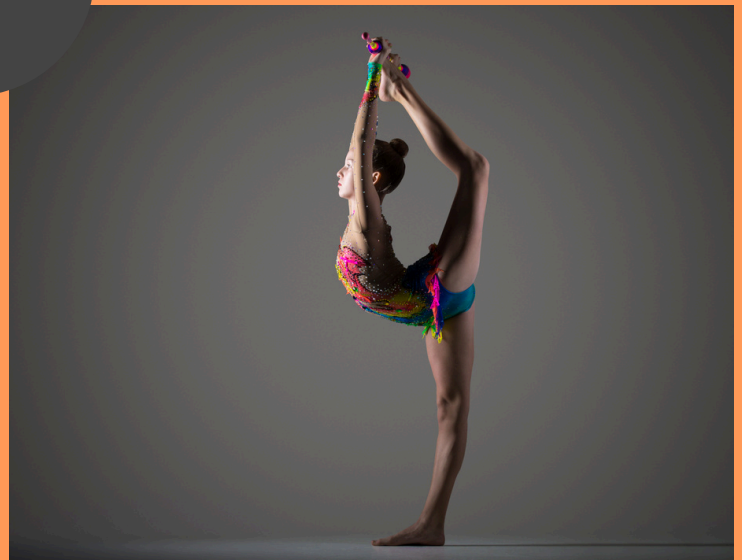
June marks the anniversary of our first class, which took place 21 years ago! Our original location was just off W Barstow Ave, near Golden State Hwy, not too far from where we are now. We stayed there for 14 years until the high-speed rail project relocated us to our current location.

We have so many cherished memories, and it's amazing to see kids who attended our classes back then now returning as parents with their own children! We also have grandparents who once brought their kids now bringing their grandkids for their first lessons in gymnastics, ninja, or cheer tumbling.

If you are one of these families and have an old photo you'd like to share with us and our Gymbeat community, please send them to me! I'd love to include some of these memories in my memory book.

As a thank you, if we use your pictures in our upcoming newsletter, we'll reward you with a \$50 credit! So, dig out those old photos from our original gym location and share them with us.

Thank you all for your support, both now and when we first started! Our staff and coaches appreciate your recommendations to friends and family members!

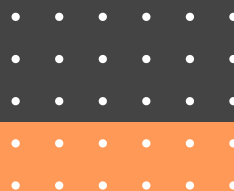


The Benefits of Gymnastics for Kids

Engaging children in gymnastics offers numerous physical, mental, and social benefits that contribute to their overall development. According to the Mayo Clinic, participation in activities like gymnastics improves cardiovascular health, helps prevent obesity, and enhances muscle strength and flexibility. Beyond the physical advantages, gymnastics also fosters social and emotional growth by teaching children teamwork, perseverance, and how to handle both success and failure. Encouraging kids to participate in gymnastics from a young age not only keeps them active but also helps them build lifelong skills and healthy habits.

For more details on the benefits of physical activity for kids:

Scan me to read the full article



Special Savings:

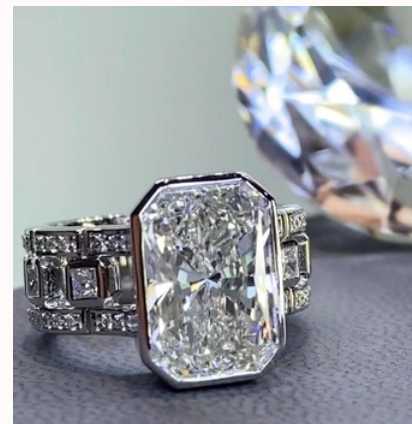
\$250 Gift Card from Ritz Jewelry

We are thrilled to announce an exclusive offer from The Ritz Jewelry just for our Gym Beat community! The Ritz Jewelry has generously provided us with \$250 gift cards, which can be used for in-store purchases of \$2000 or more. This is a fantastic opportunity to add a touch of elegance and sophistication to your jewelry collection while enjoying significant savings.

These \$250 gift cards are conveniently placed near our front door, ready for you to pick up during your next visit to Gym Beat. Remember, only one gift card can be used per transaction, so be sure to bring it with you when you visit The Ritz Jewelry store.

In our previous newsletter, the April edition, we highlighted The Ritz Jewelry's dedication to craftsmanship and quality. Each piece of jewelry is meticulously handcrafted by skilled artisans, ensuring the highest level of detail and excellence. This family-owned business has been a beacon of excellence in the jewelry industry since 1979, creating timeless and exquisite pieces that reflect both tradition and innovation.

Don't miss out on this special deal! Enhance your collection with beautiful, high-quality jewelry and enjoy a \$250 discount. Head to Gym Beat, pick up your gift card and visit The Ritz Jewelry to take advantage of this amazing offer. Happy shopping!



\$250
GIFT CARD

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