



Join us for personal growth, resilience, empowering you to reach new heights.



About Us

Gymnastics excellence for over 20 years! While extending services to thousands of families over decades in the central valley, Gymnastics Beat has grown to offer multiple classes for all ages and abilities. We are home to competitive team programs and proudly recognize dozens of state, regional, and national titles.




Our dream is to give a little spark to kids who are excited about gymnastics. We want to be the ones to help them in that first cartwheel or backhandspring and inspire them to work harder and reach further. We hope that through this sport, they too will develop their own purpose and talents to help this world be a little better, kinder, and happier.

Gymnastics excellence for over 20 years in the valley.

Website Link



Contact Us

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-  559-271-9400

Gymnastics Beat Programs

Learn about our services!

Girls Gymnastics

Teaches tumbling, trampoline, balance beam, uneven bars, and vaulting. Strength, agility, grace, and flexibility are all gained in organized classes.

- **Beginner (5 and up)**
- **Intermediate**
- **Advanced**

Junior Beats

This is a developmental program for children 5 and under to develop social interaction, listening skills, and enhance locomotor development.

- **Baby Beats - 6 months to 3 years of age (adult and coach assisted)**
- **Little Beats - 3 to 4 years of age**
- **Big Beats - 4 to 5 years of age**
- **Open Gym - Come explore the gym with your child at their own pace**
- **Junior Camps - Half-day camps available throughout the year**

Tumbling

Tumbling classes are for all ages and for those who want to focus on tumbling and trampoline.

Ninja Zone

These classes combine gymnastics, martial arts, and obstacle courses where children learn flips, jumps, kicks, and more. This program is based on important values and character-building techniques.

Other Services

✓ Pyramid Cheer



All star competitive - Pyramid offers cheer classes and fundamentals in a fun, low-pressure environment—also higher level competitive teams such as Novice, Prep, and Elite.

✓ Birthday Party

Come celebrate your child's special day while they play on obstacle courses throughout the gym. Take advantage of our party rooms where we provide all paper goods including small party favors.

✓ Open Gym

Various times and days are offered for children to explore the gym, personal skills, and boundaries. This time helps children gain self-confidence and increase strength and motor skills.

Special Events

Field trips, local schools, education centers, and parent groups can come in with large groups to play and learn at each event, jump on a trampoline, play games, and more.

Parents' nights out: Children of all ages can come run, jump, and play on scheduled weekend nights.

Holiday and Summer Camps: Half and full days are available when school is out. Children engage in gymnastics lessons, open gym, crafts, and special activities.

Adult Gymnastics

Semi-structured or individual training to increase strength and flexibility through gymnastics fundamentals (these classes are for all skill levels.)

Teams

State, Regional, and National Competitive Teams. *Note that this is invite only



Courses filled with laughter, learning, and a sense of accomplishment.

