

What does our class consist of?

We offer 40-minute classes in which your child will warm up, stretch, and learn fundamental gymnastics positions.

Each child is then invited to participate in scaled-down versions of all four gymnastics events where they are taught beginner skills such as forward rolls, lifting toes to a bar, balancing on a beam, jumping, climbing, and crawling.

At the end of class, children get together to reiterate the new position or skill from the week, and they get a stamp and a coloring sheet to bring home.



More Information



Call Us

(559) 271-9400



Website

<https://www.gymnasticsbeat.com/>

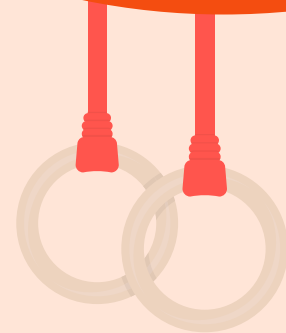


Location

4589 W Jacquelyn Ave,
Fresno, CA 93722



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Gymnastics Beat

Junior Beat Program

Age 6 months to 5 years



Why Choose Us?

Gymnastics excellence for over 20 years! While extending services to thousands of families over decades in the central valley, Gymnastics Beat has grown to offer multiple classes for all ages and abilities.

We are home to competitive team programs and proudly recognize dozens of state, regional, and national titles.

Our dream is to give a little spark to kids who are excited about gymnastics. We want to be the ones to help them in that first cartwheel or back-handspring and inspire them to work harder and reach further. We hope that through this sport, they too will develop their own purpose and talents to help this world be a little better, kinder, and happier.



Benefits of Preschool Gymnastics

1.

Development

2.

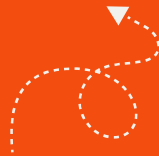
Social Skills

3.

Physical Health

4.

Mental Health



Schedule



Gymnastics Beat offers Junior Beat classes during both weekdays and the weekend in the mornings and evenings.

We also offer

- Birthday parties on the weekend
- Open gyms for all ages for children to explore at their own pace
- In-house field trips for schools, foster agencies, and the community.
- Summer, Winter, and holiday camps

